



# Community Services



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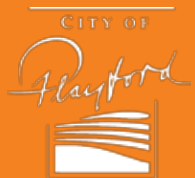
[playford.sa.gov.au](http://playford.sa.gov.au)



*This Project is delivered in accordance with the Better Practice Project and Community Care Common Standards.*



## Dementia Programs



## Cobbers Club

A fortnightly friendship and support club for older men living with memory loss. Provides opportunities for participants to share life experiences and enjoy leisure time through outings, while carers have respite.

## Cobbettes Club

A fortnightly friendship and support club for older women living with memory loss. Provides opportunities for participants to share life experiences and enjoy leisure time through outings, while carers have respite.

**When:** Cobbers and Cobbettes run on alternative Saturdays from 10am – 3pm

Cost: \$5 plus expenses

Door-to-door transport may be provided. Conditions apply.

## VIP Program

A flexible respite program for people with dementia and their carers. Provides an opportunity for participants to engage in recreational and social activities while carers have respite.

**Where:** John McVeity Centre  
182 Peachey Road  
Smithfield Plains

**When:** Friday, 9am – 2pm

**Cost:** \$10.00 includes lunch, transport and activities

## Carers

City of Playford Community Services Dementia Support and Respite programs recognise the important role of carers. We also recognise that carers sometimes require time for themselves to pursue their own needs and interests.

To acknowledge the often significant demands placed on carers we provide respite services as well as carer forums and carer's days out.

## Eligibility criteria

Residents of the City of Playford who are ageing, physically frail, have a permanent disability, or are carers of people in the groups identified above.

## Volunteering in the programs

The City of Playford acknowledges the valuable support and contribution of community volunteers in its programs.

The Dementia Support and Respite Program volunteers provide:

- Transport
- Consumer support for outings and activities
- Cooking

There are many benefits to becoming a volunteer.

Contact 8256 0333 to find out more.